

# OPTIMUM PERFORMANCE PHYSICAL THERAPY

## AUTHORIZATION TO USE OR DISCLOSE PROTECTED HEALTH INFORMATION

Patient Name: \_\_\_\_\_

Date of Request: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip Code

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

*As required by the Privacy regulations, this practice may not use or disclose your protected health information except as provided in our Notice of Privacy Practices without your authorization.*

I hereby authorize this office and any of its employees to use or disclose my patient health information to the following persons: *(you may write your doctor's name and/or family member's name).*

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Patient Health Information to be disclosed: *(check all that applies)*

Physical therapy reports

Medical tests

Others: \_\_\_\_\_

Effective dates for this authorization: \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_

*(you may use date of initial visit as your start date and authorization can end up to one year from start date).*

\_\_\_\_\_  
Signature of Patient / Authorized Representative